

**Abington 10k**  
**07 October 2018**  
**Organised by Great Abington Primary Scool PTFA**  
**Individual Results**

Entries: 367  
 Finishers: 336  
 Male Finishers: 189  
 Female Finishers: 147

Pos	Name	Race No	Age	Age Category	Gender	Gender Position	TeamName	Gun Time	Chip Time
1	Sam Pedersen	660	31	Senior Men	M	1/189		00:35:05	00:35:04
2	Christopher Gay	441	34	Senior Men	M	2/189	Newmarket Joggers	00:35:40	00:35:39
3	Peter Cooke	543	18	Junior Men	M	3/189	Cambridge & Coleridge AC	00:35:56	00:35:56
4	Andrew Bell	372	40	Men 40-49	M	4/189	Haverhill Running Club	00:36:24	00:36:22
5	Matthew Norton	371	37	Senior Men	M	5/189		00:36:55	00:36:53
6	Steven McNicholas	314	34	Senior Men	M	6/189	Saffron Striders RC	00:37:04	00:37:03
7	Harry Beddows	540	26	Senior Men	M	7/189		00:37:11	00:37:09
8	Ben Veitch	544	38	Senior Men	M	8/189	Cambridge Triathlon Club	00:37:20	00:37:18
9	Oliver Gouldstone	600	19	Junior Men	M	9/189		00:37:54	00:37:52
10	Charlie Hall	651	24	Senior Men	M	10/189	Haverhill Running Club	00:37:54	00:37:52
11	Craig Sisson	422	30	Senior Men	M	11/189	Haverhill Running Club	00:38:05	00:38:03
12	Daniel Aguilar-Agon	458	55	Men 50-59	M	12/189	Cambridge & Coleridge AC	00:38:08	00:38:07
13	Peter Thompson	480	60	Men 60-69	M	13/189	Cambridge & Coleridge AC	00:38:14	00:38:14
14	Carla Brown	647	32	Senior Women	F	1/147		00:38:33	00:38:30
15	Fredrik Krylander	335	24	Senior Men	M	14/189		00:38:35	00:38:32
16	Greg Davis	325	56	Men 50-59	M	15/189	Newmarket Joggers	00:38:54	00:38:52
17	Ralph Minter	479	43	Men 40-49	M	16/189		00:39:07	00:39:04
18	Alex Rodger	616	33	Senior Men	M	17/189		00:39:11	00:39:07
19	Henry Morrison	424	45	Men 40-49	M	18/189		00:39:16	00:39:14
20	Nicki Davis	481	38	Women 35-44	F	2/147		00:39:57	00:39:56
21	Eugene Husband	654	45	Men 40-49	M	19/189	Newmarket Cycling And Triathlon	00:40:06	00:40:04
22	Richard Hill	437	41	Men 40-49	M	20/189	Ely Runners	00:40:08	00:40:07
23	Michael Phipps	574	38	Senior Men	M	21/189		00:40:13	00:40:10
24	Hugh Cahill	583	23	Senior Men	M	22/189		00:40:15	00:40:10
25	Stephen Pettit	484	53	Men 50-59	M	23/189	FETCH EVERYONE	00:40:31	00:40:28
26	Peter Clarke	650	39	Senior Men	M	24/189		00:40:37	00:40:33
27	Jason Wing	549	49	Men 40-49	M	25/189		00:40:43	00:40:40
28	Will Simmons	609	25	Senior Men	M	26/189		00:40:49	00:40:45
29	Alexander Veasey	644	28	Senior Men	M	27/189		00:41:13	00:41:09
30	Jonathan Arnold	630	25	Senior Men	M	28/189		00:41:22	00:41:18
31	Ollie Bennett	545	21	Senior Men	M	29/189		00:41:24	00:41:21
32	James Mchattie	635	33	Senior Men	M	30/189	Dartford Road Runners	00:41:29	00:41:24
33	Daniel Gilbert	519	39	Senior Men	M	31/189	Gilbert Gallopers	00:41:46	00:41:41
34	Iain Goodhart	652	38	Senior Men	M	32/189		00:42:00	00:41:53
35	Finley Hiscock	445	16	Junior Men	M	33/189		00:42:05	00:41:53
36	James Stubbs	580	39	Senior Men	M	34/189	Haverhill Running Club	00:42:06	00:42:00
37	Ash Bower	602	23	Senior Men	M	35/189		00:42:09	00:42:04
38	Matt Davies	542	35	Senior Men	M	36/189		00:42:21	00:42:17
39	Iain Milligan	488	46	Men 40-49	M	37/189	Saint Edmund Pacers	00:42:33	00:42:29
40	Shelley Menell	578	37	Women 35-44	F	3/147		00:42:37	00:42:32
41	Steve Cresswell	409	43	Men 40-49	M	38/189		00:42:48	00:42:45
42	Charlie Froment	606	22	Senior Men	M	39/189		00:42:53	00:42:47
43	Jordan Searle	551	34	Senior Men	M	40/189		00:43:06	00:43:00
44	Greg Elgar	564	55	Men 50-59	M	41/189		00:43:08	00:43:00
45	Shane Cahill	582	56	Men 50-59	M	42/189		00:43:15	00:43:08

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Pos	Name	Race No	Age	Age Category	Gender	Gender Position	TeamName	Gun Time	Chip Time
46	William Earl	562	44	Men 40-49	M	43/189		00:43:19	00:43:12
47	Jamie Randall	521	52	Men 50-59	M	44/189	Haverhill Running Club	00:43:23	00:43:16
48	Neville Clarke	579	64	Men 60-69	M	45/189	Newmarket Joggers	00:43:28	00:43:25
49	Toby Spaxman	620	16	Junior Men	M	46/189		00:43:34	00:43:30
50	James Stephenson	432	35	Senior Men	M	47/189		00:43:39	00:43:32
51	Aaron Gent	561	38	Senior Men	M	48/189		00:43:41	00:43:31
52	Nick Cross	511	50	Men 50-59	M	49/189		00:43:46	00:43:40
53	Robert Klugiewicz	534	41	Men 40-49	M	50/189		00:43:48	00:43:42
54	Adam Maltpress	426	40	Men 40-49	M	51/189	Newmarket Joggers	00:43:50	00:43:43
55	Nick Remington	428	32	Senior Men	M	52/189		00:43:55	00:43:50
56	Corinne Remington	427	32	Senior Women	F	4/147		00:43:56	00:43:51
57	Malcolm Mcconnell	381	50	Men 50-59	M	53/189	Newmarket Joggers	00:43:58	00:43:53
58	Martyn Noonan	482	51	Men 50-59	M	54/189		00:44:06	00:43:53
59	Ian Cunnington	495	55	Men 50-59	M	55/189		00:44:06	00:43:55
60	Zib Gotto	589	45	Women 45-54	F	5/147	Saffron Striders RC	00:44:06	00:43:58
61	Christopher Preston	451	45	Men 40-49	M	56/189		00:44:08	00:43:59
62	Marc Benson	309	35	Senior Men	M	57/189	Haverhill Running Club	00:44:12	00:44:04
63	Trevor Bunch	485	44	Men 40-49	M	58/189	Haverhill Running Club	00:44:13	00:44:04
64	Jessica Hudson	344	40	Women 35-44	F	6/147	Waldentri	00:44:23	00:44:17
65	Laurent Gil	370	35	Senior Men	M	59/189		00:44:40	00:44:34
66	Mark Jones	515	54	Men 50-59	M	60/189		00:45:00	00:44:54
67	Matthew Hiscock	444	48	Men 40-49	M	61/189		00:45:02	00:44:49
68	Thomas Stroemquist	461	49	Men 40-49	M	62/189		00:45:07	00:44:53
69	Elke Hausler	588	55	Women 55-64	F	7/147	Eastern Masters Athletics Club	00:45:09	00:45:00
70	David Cox	645	29	Senior Men	M	63/189		00:45:10	00:45:02
71	Rachael Leah	331	37	Women 35-44	F	8/147	Cambridge & Coleridge AC	00:45:24	00:45:19
72	Ian Froment	500	50	Men 50-59	M	64/189		00:45:28	00:45:21
73	Neil Curry	568	51	Men 50-59	M	65/189		00:45:30	00:45:18
74	Toby Lumsden	638	62	Men 60-69	M	66/189	Saffron Striders RC	00:45:30	00:45:21
75	Ashley Dellow	567	44	Men 40-49	M	67/189		00:45:33	00:45:25
76	Daniel Hepworth	529	44	Men 40-49	M	68/189		00:45:44	00:45:33
77	Aidan Gutteridge	321	34	Senior Men	M	69/189		00:46:22	00:46:14
78	Dane Karaman	496	24	Senior Men	M	70/189		00:46:24	00:46:14
79	David Martin	601	46	Men 40-49	M	71/189		00:46:26	00:46:11
80	Michael Russell-Yarde	401	51	Men 50-59	M	72/189		00:46:38	00:46:25
81	Gemma Irvine	617	35	Women 35-44	F	9/147	Newmarket Cycling And Triathlo	00:46:42	00:46:35
82	James Crawford	535	56	Men 50-59	M	73/189		00:46:44	00:46:30
83	Lynn Roberts	312	52	Women 45-54	F	10/147	Cambridge & Coleridge AC	00:46:48	00:46:42
84	Mike Bull	324	70	Men 70-79	M	74/189		00:46:55	00:46:44
85	Peter Lister	516	46	Men 40-49	M	75/189		00:46:55	00:46:40
86	Jim Brewin	507	50	Men 50-59	M	76/189		00:47:04	00:46:52
87	Tony Kelly	510	57	Men 50-59	M	77/189	Saffron Striders RC	00:47:09	00:46:58
88	Matt Smith	345	37	Senior Men	M	78/189		00:47:11	00:46:44
89	Philip Housden	436	68	Men 60-69	M	79/189	Biggleswade AC	00:47:13	00:47:04
90	Tom Ward	611	33	Senior Men	M	80/189		00:47:26	00:46:38

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91	Matt Magin	573	15	Junior Men	M	81/189	Cambridge & Coleridge AC	00:47:38	00:47:29
92	Dave Hudson	648	59	Men 50-59	M	82/189		00:47:39	00:47:18
93	Gemma Brown	653	35	Women 35-44	F	11/147		00:47:39	00:47:24
94	Jonathan Hunt	643	32	Senior Men	M	83/189		00:47:48	00:47:44
95	Mark Carter	541	65	Men 60-69	M	84/189		00:47:48	00:47:35
96	Jeremy Zielinski	508	67	Men 60-69	M	85/189		00:47:49	00:47:41
97	Stuart Gibson	558	51	Men 50-59	M	86/189	Saffron Striders RC	00:47:51	00:47:37
98	Stephen Phipps	464	40	Men 40-49	M	87/189		00:47:58	00:47:52
99	Jonathon Marsh	448	48	Men 40-49	M	88/189		00:47:58	00:47:47
100	Rebecca Jarvis	530	44	Women 35-44	F	12/147		00:48:01	00:47:48
101	Craig Ladley	486	36	Senior Men	M	89/189	Haverhill Running Club	00:48:02	00:47:52
102	Claire Rye	623	31	Senior Women	F	13/147		00:48:03	00:47:52
103	Jordan Gilbert	520	34	Senior Men	M	90/189	Gilbert Gallopers	00:48:04	00:47:51
104	Clive Purbrook	307	63	Men 60-69	M	91/189	Newmarket Joggers	00:48:19	00:48:09
105	Angela Girgis	656	49	Women 45-54	F	14/147	Newmarket Cycling And Triathlo	00:48:23	00:48:15
106	Keith Grimwade	360	61	Men 60-69	M	92/189		00:48:24	00:48:07
107	Kim Hirst	526	39	Women 35-44	F	15/147		00:48:24	00:48:07
108	Neil Harmer	512	55	Men 50-59	M	93/189		00:48:25	00:48:14
109	Yousuf Sait	570	36	Senior Men	M	94/189		00:48:27	00:48:12
110	Paul Herberholz	491	15	Junior Men	M	95/189		00:48:28	00:48:19
111	Mauritz Krylander	336	17	Junior Men	M	96/189		00:48:29	00:48:21
112	David Isaacson	525	52	Men 50-59	M	97/189		00:48:32	00:48:21
113	Wayne Lloyd	584	49	Men 40-49	M	98/189		00:48:40	00:48:27
114	Geoff Harvey	475	59	Men 50-59	M	99/189		00:48:43	00:48:35
115	Rachel Woodward	369	42	Women 35-44	F	16/147		00:48:44	00:48:35
116	Cheryl Trundle	310	65	Women 65-74	F	17/147	Haverhill Running Club	00:48:47	00:48:31
117	Chris Grant	498	60	Men 60-69	M	100/189		00:48:48	00:48:32
118	Ian Spaxman	619	52	Men 50-59	M	101/189		00:48:48	00:48:35
119	Wayne Bell	622	55	Men 50-59	M	102/189		00:48:56	00:48:45
120	Sam Taylor	348	35	Senior Men	M	103/189		00:49:05	00:49:05
121	Gareth Thompson	595	48	Men 40-49	M	104/189	Royston Runners	00:49:06	00:48:54
122	Katie Thompson	594	15	Junior Women	F	18/147	Stevenage & North Herts AC	00:49:06	00:48:54
123	Stephen Wodard	572	34	Senior Men	M	105/189		00:49:26	00:49:02
124	Steve Butler	494	42	Men 40-49	M	106/189	Haverhill Running Club	00:49:31	00:48:51
125	Will Hartwell	575	40	Men 40-49	M	107/189		00:49:37	00:49:20
126	Sam Rice	613	35	Senior Men	M	108/189		00:49:38	00:49:18
127	Danielle Jones	362	24	Senior Women	F	19/147	Newmarket Joggers	00:49:44	00:49:30
128	John Ferguson	637	40	Men 40-49	M	109/189		00:49:45	00:49:23
129	Nicolas Le Novere	304	49	Men 40-49	M	110/189		00:49:50	00:49:29
130	Andrew Yates	553	38	Senior Men	M	111/189		00:49:53	00:49:36
131	Jeremy Reader	675	118	Senior Men	M	112/189		00:49:57	00:49:42
132	Henry Batchelor	419	28	Senior Men	M	113/189		00:50:07	00:50:00
133	Graeme Johnston	528	48	Men 40-49	M	114/189	Haverhill Running Club	00:50:21	00:49:59
134	Carl Oldford	376	40	Men 40-49	M	115/189	Haverhill Running Club	00:50:26	00:50:03
135	Chris Komodromos	593	43	Men 40-49	M	116/189		00:50:29	00:50:10

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136	Colin Groom	384	51	Men 50-59	M	117/189		00:50:37	00:50:18
137	Adam Nicol	452	33	Senior Men	M	118/189		00:50:41	00:50:21
138	Steve Baker	649	41	Men 40-49	M	119/189		00:50:47	00:50:34
139	Kaycia Wilde	460	47	Women 45-54	F	20/147	Royston Runners	00:50:48	00:50:35
140	David Johnson	666	118	Senior Men	M	120/189		00:50:50	00:50:35
141	Robert Shaw	330	62	Men 60-69	M	121/189	Saffron Striders RC	00:50:51	00:50:37
142	Miroslaw Orłowski	537	47	Men 40-49	M	122/189		00:50:53	00:50:47
143	Sarah Jarvis	421	28	Senior Women	F	21/147		00:51:11	00:50:49
144	Jonathan Simmons	655	28	Senior Men	M	123/189		00:51:13	00:51:03
145	Tina Hamilton	323	49	Women 45-54	F	22/147	Saffron Striders RC	00:51:16	00:51:02
146	Linda Baxter	425	52	Women 45-54	F	23/147		00:51:18	00:51:01
147	Kevin Jamieson	557	55	Men 50-59	M	124/189	Haverhill Running Club	00:51:20	00:50:57
148	Philippa O'Brien	395	41	Women 35-44	F	24/147		00:51:23	00:51:06
149	Anthony Hagen	394	46	Men 40-49	M	125/189		00:51:23	00:51:07
150	Gordon Pennington	438	45	Men 40-49	M	126/189	Werrington Joggers	00:51:25	00:51:09
151	Richard Lyle	342	52	Men 50-59	M	127/189	Cambridge & Coleridge AC	00:51:29	00:51:09
152	Emma Ward	612	32	Senior Women	F	25/147		00:51:43	00:51:31
153	Ruth Case	587	45	Women 45-54	F	26/147		00:51:50	00:51:34
154	Louisa Pimblett	423	22	Senior Women	F	27/147		00:51:53	00:51:34
155	Sarah Ackerman	456	42	Women 35-44	F	28/147		00:51:54	00:51:43
156	Emily Goodale	585	40	Women 35-44	F	29/147		00:51:54	00:51:44
157	Katarzyna Tercjak	615	28	Senior Women	F	30/147		00:52:00	00:51:42
158	Kristina Bright	302	39	Women 35-44	F	31/147	Haverhill Running Club	00:52:08	00:51:50
159	Lorraine Reeves	550	45	Women 45-54	F	32/147		00:52:24	00:52:06
160	Phil Scurrah	471	49	Men 40-49	M	128/189		00:52:25	00:52:08
161	Mark Dowsett	453	45	Men 40-49	M	129/189		00:52:29	00:52:10
162	Jim Stephenson	433	61	Men 60-69	M	130/189		00:52:38	00:52:22
163	Miles Johnson	407	65	Men 60-69	M	131/189	Newmarket Joggers	00:52:39	00:52:23
164	Alison Goodwin	315	47	Women 45-54	F	33/147	Haverhill Running Club	00:52:41	00:52:03
165	Robert Goodwin	317	46	Men 40-49	M	132/189	Haverhill Running Club	00:52:41	00:52:03
166	Charlotte Begg	596	24	Senior Women	F	34/147		00:52:42	00:52:23
167	Hannah Parsons	415	43	Women 35-44	F	35/147	Newmarket Joggers	00:52:43	00:52:16
168	Jodie Booth	329	46	Women 45-54	F	36/147		00:53:00	00:52:39
169	James Hewlett	446	70	Men 70-79	M	133/189	Saffron Striders RC	00:53:07	00:52:45
170	Tracy Spenceley	632	55	Women 55-64	F	37/147		00:53:10	00:52:53
171	Jennie Hall	411	25	Senior Women	F	38/147		00:53:10	00:52:49
172	Emily Waddington	361	31	Senior Women	F	39/147		00:53:12	00:52:42
173	David Crowley	522	47	Men 40-49	M	134/189		00:53:17	00:52:44
174	Daniel Everitt	547	43	Men 40-49	M	135/189	Haverhill Running Club	00:53:33	00:53:10
175	Georgina Magin	518	54	Women 45-54	F	40/147		00:53:43	00:53:25
176	Daniel Holland	531	39	Senior Men	M	136/189		00:53:47	00:53:22
177	Lizzie Taylor	347	39	Women 35-44	F	41/147		00:53:54	00:53:33
178	Malcolm Osbourn	366	71	Men 70-79	M	137/189	Newmarket Joggers	00:53:55	00:53:27
179	Chris Hurcomb	332	47	Men 40-49	M	138/189	Cambridge & Coleridge AC	00:53:59	00:53:33
180	Stu Hart	527	65	Men 60-69	M	139/189		00:54:07	00:53:38

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181	Brigitte Heard	470	56	Women 55-64	F	42/147	Haverhill Running Club	00:54:14	00:53:45
182	Neesha Kumari Sharma	349	37	Women 35-44	F	43/147		00:54:23	00:53:59
183	Rachel Morgan	618	44	Women 35-44	F	44/147	Royston Runners	00:54:36	00:54:19
184	Paul Cocklin	610	56	Men 50-59	M	140/189	WARE JOGGERS	00:54:54	00:54:29
185	Alex Preston	449	41	Men 40-49	M	141/189		00:54:56	00:54:33
186	Edward Wilford	442	43	Men 40-49	M	142/189		00:54:57	00:54:08
187	Helen Graves	634	33	Senior Women	F	45/147	Dartford Road Runners	00:55:00	00:54:42
188	Monica Krylander	334	55	Women 55-64	F	46/147		00:55:07	00:54:47
189	Jennifer Smith	328	39	Women 35-44	F	47/147	Cambridge & Coleridge AC	00:55:09	00:54:38
190	Matthew Cheeks	472	36	Senior Men	M	143/189		00:55:09	00:54:36
191	Kate Jones	598	28	Senior Women	F	48/147		00:55:14	00:55:01
192	Rebecca Fordham	509	48	Women 45-54	F	49/147	Newmarket Joggers	00:55:19	00:54:50
193	Andrew O'keeffe	603	37	Senior Men	M	144/189		00:55:21	00:54:46
194	Jan Holmes	391	55	Women 55-64	F	50/147	Newmarket Joggers	00:55:25	00:55:10
195	Marco Ranzani	399	36	Senior Men	M	145/189		00:55:37	00:55:01
196	Jacob Chisenga	662	37	Senior Men	M	146/189		00:55:49	00:55:13
197	Belinda Schofield	308	62	Women 55-64	F	51/147	Newmarket Joggers	00:55:50	00:55:22
198	Pam Begg	556	55	Women 55-64	F	52/147		00:55:52	00:55:32
199	Lauren Baird	628	25	Senior Women	F	53/147		00:56:03	00:55:38
200	David Vigar	333	57	Men 50-59	M	147/189		00:56:12	00:55:51
201	Jill O'grady	398	38	Women 35-44	F	54/147	Newmarket Joggers	00:56:17	00:55:50
202	Stephen Atkinson	473	38	Senior Men	M	148/189		00:56:31	00:56:07
203	Rob Geen	517	60	Men 60-69	M	149/189		00:56:40	00:56:17
204	Maria Reed	301	56	Women 55-64	F	55/147	Haverhill Running Club	00:56:43	00:56:09
205	Christine Taylor	405	53	Women 45-54	F	56/147	Haverhill Running Club	00:56:53	00:56:26
206	Christopher Jarvis	420	21	Senior Men	M	150/189		00:56:54	00:56:33
207	Julie Stringer	478	40	Women 35-44	F	57/147	Cambridge & Coleridge AC	00:56:54	00:56:23
208	Matthew Taylor	513	27	Senior Men	M	151/189		00:56:55	00:56:27
209	Simon Nicholls	414	49	Men 40-49	M	152/189	Lonely Goat Running Club	00:57:11	00:56:52
210	Peter Williams	636	38	Senior Men	M	153/189		00:57:12	00:56:42
211	Caroline Wright	337	54	Women 45-54	F	58/147		00:57:13	00:56:48
212	Kate Watkinson	608	45	Women 45-54	F	59/147		00:57:18	00:56:49
213	Rebecca Barnes	497	17	Junior Women	F	60/147	Cambridge & Coleridge AC	00:57:25	00:57:02
214	David Savell	658	35	Senior Men	M	154/189		00:57:34	00:57:17
215	Sarah Savell	657	33	Senior Women	F	61/147		00:57:34	00:57:17
216	Tamsin Foote	605	45	Women 45-54	F	62/147		00:57:41	00:57:12
217	Bogdan Shkarupa	554	46	Men 40-49	M	155/189		00:57:45	00:57:26
218	Louisa Phillips	581	25	Senior Women	F	63/147	Lets Run Girls	00:57:45	00:57:13
219	Siobhan Gibson	559	52	Women 45-54	F	64/147	Saffron Striders RC	00:57:49	00:57:30
220	Jo Harvey	474	54	Women 45-54	F	65/147		00:57:54	00:57:35
221	Lizz Not Mayers	318	42	Women 35-44	F	66/147	Longstanton Limpers	00:58:05	00:57:19
222	Scott Oldham	322	41	Men 40-49	M	156/189		00:58:07	00:57:44
223	Dave Price	338	47	Men 40-49	M	157/189	Newmarket Joggers	00:58:11	00:57:42
224	James Plowman	341	45	Men 40-49	M	158/189		00:58:17	00:57:30
225	Nicola Lloyd	664	40	Women 35-44	F	67/147		00:58:20	00:57:46

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Pos	Name	Race No	Age	Age Category	Gender	Gender Position	TeamName	Gun Time	Chip Time
226	Selena Sephton	514	39	Women 35-44	F	68/147		00:58:21	00:57:47
227	Sianie Painter	377	52	Women 45-54	F	69/147	Newmarket Joggers	00:58:24	00:57:43
228	Michael Hausler	592	59	Men 50-59	M	159/189	Cambridge & Coleridge AC	00:58:31	00:57:58
229	Lucy Dunmore	642	21	Senior Women	F	70/147		00:58:37	00:58:05
230	Vanessa Walker	364	39	Women 35-44	F	71/147		00:58:40	00:58:01
231	Peter Brunning	313	67	Men 60-69	M	160/189	Haverhill Running Club	00:58:44	00:58:19
232	Alan Thornhill	303	70	Men 70-79	M	161/189	Newmarket Joggers	00:58:47	00:58:16
233	Claire Anderson	417	48	Women 45-54	F	72/147	Haverhill Running Club	00:59:06	00:58:41
234	Ian Mcnicholas	555	29	Senior Men	M	162/189		00:59:06	00:58:47
235	Richard Burford	356	53	Men 50-59	M	163/189	Haverhill Running Club	00:59:08	00:58:42
236	Stacey Hall	373	38	Women 35-44	F	73/147	Haverhill Running Club	00:59:10	00:58:43
237	Gary Jarvis	418	56	Men 50-59	M	164/189		00:59:10	00:58:44
238	Lisa Harling	548	46	Women 45-54	F	74/147	Haverhill Running Club	00:59:10	00:58:44
239	Yusuf Firat	311	55	Men 50-59	M	165/189	Haverhill Running Club	00:59:11	00:58:47
240	Paul Evans	477	56	Men 50-59	M	166/189	Vegetarian Cycling & AC	00:59:24	00:58:51
241	Ricky Sharman	571	42	Men 40-49	M	167/189	Royston Runners	00:59:26	00:58:48
242	Darrel Buckley	591	49	Men 40-49	M	168/189	Haverhill Running Club	00:59:31	00:58:51
243	Derek Hall	412	60	Men 60-69	M	169/189		00:59:51	00:59:14
244	Carly Parker	492	37	Women 35-44	F	75/147		01:00:01	00:59:34
245	Terri Starling	499	30	Senior Women	F	76/147		01:00:01	00:59:34
246	Andrew Plowman	354	45	Men 40-49	M	170/189		01:00:06	00:59:18
247	Cheryl Claydon	629	40	Women 35-44	F	77/147	Haverhill Running Club	01:00:06	00:59:40
248	Kari Karolia	396	46	Women 45-54	F	78/147	Newmarket Cycling And Triathlo	01:00:12	00:59:43
249	Gail Seal	431	37	Women 35-44	F	79/147		01:00:20	00:59:57
250	Ben Kemp	457	42	Men 40-49	M	171/189		01:00:30	00:59:52
251	Elaine Molton	327	52	Women 45-54	F	80/147		01:00:35	01:00:03
252	Carol Jarvis	340	47	Women 45-54	F	81/147		01:00:39	01:00:14
253	Katherine Selby	429	45	Women 45-54	F	82/147		01:00:42	01:00:21
254	Ben Walbanke-Taylor	627	35	Senior Men	M	172/189		01:00:51	01:00:29
255	Laura Hughes	641	37	Women 35-44	F	83/147		01:00:51	01:00:30
256	Linda Brett	624	57	Women 55-64	F	84/147	Saffron Striders RC	01:00:53	01:00:20
257	Robert Wigmore	597	39	Senior Men	M	173/189	Haverhill Running Club	01:00:55	01:00:29
258	Denise Tarrant	388	58	Women 55-64	F	85/147		01:00:59	01:00:32
259	Joanne Maimaris	625	25	Senior Women	F	86/147		01:01:07	01:00:25
260	Jake Warrington	659	32	Senior Men	M	174/189		01:01:14	01:00:43
261	Helen Parnell	663	42	Women 35-44	F	87/147	Haverhill Running Club	01:01:15	01:00:48
262	Kelly Hamed	374	38	Women 35-44	F	88/147	Haverhill Running Club	01:01:18	01:00:52
263	Nicola Edmead	665	34	Senior Women	F	89/147	Haverhill Running Club	01:01:25	01:00:58
264	Robyn Mcguinness	454	43	Women 35-44	F	90/147		01:01:35	01:00:54
265	Kevin Mcguinness	455	45	Men 40-49	M	175/189		01:01:36	01:00:54
266	Lynne Hays	621	59	Women 55-64	F	91/147	Royston Runners	01:01:49	01:01:19
267	Nicola Parr	389	42	Women 35-44	F	92/147		01:01:58	01:01:30
268	Neil Blannin	565	58	Men 50-59	M	176/189		01:02:09	01:01:31
269	Mary Marsh	404	65	Women 65-74	F	93/147	Newmarket Joggers	01:02:27	01:01:55
270	Pauline Blake	306	63	Women 55-64	F	94/147	Cambridge & Coleridge AC	01:02:44	01:02:09

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Pos	Name	Race No	Age	Age Category	Gender	Gender Position	TeamName	Gun Time	Chip Time
271	Deborah Moss	532	43	Women 35-44	F	95/147		01:03:09	01:02:27
272	Ian Johnson	363	50	Men 50-59	M	177/189		01:03:12	01:02:30
273	Emma Turner Cloughly	503	35	Women 35-44	F	96/147		01:03:26	01:03:02
274	Kellie Garrod	375	34	Senior Women	F	97/147	Haverhill Running Club	01:03:29	01:03:04
275	Jeremy Smith	538	42	Men 40-49	M	178/189		01:03:31	01:02:56
276	Peter Howard-Jones	569	61	Men 60-69	M	179/189		01:03:31	01:02:56
277	Jane Brzezinska-Baggs	590	43	Women 35-44	F	98/147		01:03:33	01:03:02
278	Jeanette Mansfield	402	47	Women 45-54	F	99/147		01:03:40	01:03:09
279	Louise Clark	367	46	Women 45-54	F	100/147		01:03:51	01:03:16
280	Gary Clark	368	49	Men 40-49	M	180/189		01:03:51	01:03:17
281	Matthew Waller	566	41	Men 40-49	M	181/189		01:04:07	01:03:36
282	Sarah Kinston	358	44	Women 35-44	F	101/147	Newmarket Joggers	01:04:12	01:03:30
283	Rebecca Hannah	359	32	Senior Women	F	102/147	Newmarket Joggers	01:04:13	01:03:32
284	Alexia Smithson	539	34	Senior Women	F	103/147	Newmarket Joggers	01:04:29	01:03:48
285	Sarah Cole	631	42	Women 35-44	F	104/147		01:04:53	01:04:16
286	Jane Gray	639	45	Women 45-54	F	105/147		01:04:54	01:04:17
287	Sowmiya Moorthie	490	39	Women 35-44	F	106/147		01:04:58	01:04:15
288	Alex Gutteridge	489	39	Senior Men	M	182/189		01:04:58	01:04:15
289	Nicola Perry	640	27	Senior Women	F	107/147		01:05:17	01:04:45
290	Louise Lackovic	524	44	Women 35-44	F	108/147		01:05:44	01:05:17
291	Janet Rogers	614	62	Women 55-64	F	109/147	Royston Runners	01:06:30	01:06:00
292	Karen Barlow	661	60	Women 55-64	F	110/147	Royston Runners	01:06:31	01:06:02
293	Emily Cox	646	28	Senior Women	F	111/147		01:06:40	01:06:04
294	Carol Mcintosh	326	66	Women 65-74	F	112/147	Newmarket Joggers	01:06:52	01:06:11
295	Tim Quilter	560	47	Men 40-49	M	183/189		01:06:57	01:06:22
296	Ray Field	633	58	Men 50-59	M	184/189		01:07:05	01:06:33
297	Lisa Haworth	390	38	Women 35-44	F	113/147	Haverhill Running Club	01:07:08	01:06:32
298	David Frew	493	54	Men 50-59	M	185/189		01:07:18	01:06:45
299	Kelly Mynott	379	46	Women 45-54	F	114/147	Haverhill Running Club	01:07:19	01:06:42
300	Jemma Benson	599	33	Senior Women	F	115/147	Haverhill Running Club	01:07:57	01:07:19
301	Mandy Wilson	536	52	Women 45-54	F	116/147	Haverhill Running Club	01:07:58	01:07:19
302	Andrew Taylor	406	53	Men 50-59	M	186/189		01:08:15	01:07:39
303	Jenny Osbourn	365	70	Women 65-74	F	117/147	Newmarket Joggers	01:08:27	01:07:46
304	Susan Humphrey	505	47	Women 45-54	F	118/147		01:08:41	01:07:59
305	Emma Brown	467	31	Senior Women	F	119/147	Haverhill Running Club	01:08:54	01:08:15
306	Josh Iton	305	22	Senior Men	M	187/189	Haverhill Running Club	01:08:55	01:08:16
307	Marion Goddard	380	47	Women 45-54	F	120/147	Haverhill Running Club	01:09:09	01:08:32
308	Kimberley Haden	319	35	Women 35-44	F	121/147	Longstanton Limpers	01:09:12	01:08:26
309	Clare Archer	383	36	Women 35-44	F	122/147		01:09:50	01:09:21
310	Trudy Carder	430	55	Women 55-64	F	123/147		01:10:19	01:09:45
311	Gillian Green	502	57	Women 55-64	F	124/147	Newmarket Joggers	01:10:39	01:10:23
312	Jennie Peacock	504	40	Women 35-44	F	125/147		01:10:41	01:10:07
313	Fiona Russell-Yarde	343	49	Women 45-54	F	126/147	Haverhill Running Club	01:11:22	01:10:46
314	Char Green	533	24	Senior Women	F	127/147	Haverhill Running Club	01:11:33	01:11:03
315	Kerensa Klottrup-Rees	546	38	Women 35-44	F	128/147		01:11:35	01:11:03

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316	Marie Rollinson	483	49	Women 45-54	F	129/147	261 Fearless Burwell	01:11:51	01:11:07
317	Sandi Newman	352	52	Women 45-54	F	130/147		01:11:51	01:11:05
318	Sarah Stuppell	466	41	Women 35-44	F	131/147	Haverhill Running Club	01:12:36	01:11:57
319	Michael Banner	506	53	Men 50-59	M	188/189	Haverhill Running Club	01:12:39	01:11:59
320	Suz Carter-White	552	40	Women 35-44	F	132/147	Haverhill Running Club	01:13:33	01:12:49
321	Louise Harris	400	43	Women 35-44	F	133/147		01:13:33	01:12:49
322	Della Johnson	577	40	Women 35-44	F	134/147	Haverhill Running Club	01:14:32	01:14:02
323	Nicola King	468	45	Women 45-54	F	135/147	Haverhill Running Club	01:14:32	01:14:02
324	Jackie Fernandez	586	50	Women 45-54	F	136/147		01:14:38	01:13:53
325	Ben Waddington	440	31	Senior Men	M	189/189		01:15:29	01:15:00
326	Erica Bankier	410	34	Senior Women	F	137/147		01:15:38	01:15:08
327	Sue Lock	403	64	Women 55-64	F	138/147		01:15:39	01:14:59
328	Sophie Burr	439	28	Senior Women	F	139/147		01:15:40	01:15:11
329	Gemma King	393	31	Senior Women	F	140/147		01:15:47	01:15:08
330	Julie Hayes	385	40	Women 35-44	F	141/147		01:16:08	01:15:31
331	Rachel Allen	469	37	Women 35-44	F	142/147	Newmarket Joggers	01:18:09	01:17:28
332	Sally Johnston	387	45	Women 45-54	F	143/147	Haverhill Running Club	01:21:01	01:20:17
333	Clare Everitt	450	44	Women 35-44	F	144/147	Haverhill Running Club	01:21:01	01:20:17
334	Gillian Plowman	353	48	Women 45-54	F	145/147		01:26:21	01:25:36
335	Lucy Criddle	355	43	Women 35-44	F	146/147	261 Fearless Burwell	01:26:21	01:25:35
336	Bethan Morgan	604	58	Women 55-64	F	147/147	Cambridge & Coleridge AC	01:39:26	01:38:40